



# IMPORTANT FLEX PLAN RULE CHANGE

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Effective January 1, 2011 over-the-counter (OTC) drugs and medicines will only be reimbursed through your flex account with a prescription from a licensed medical practitioner to treat a specific medical condition. Items that are not considered drugs and/or medicines will continue to be reimbursed without a prescription.

Examples of OTC items considered drugs & medicines needing a prescription:

- Allergy & sinus medicine
- Antibiotics
- Pain relievers
- Acid controllers
- Cough, cold & flu
- Anti-itch & insect bite

Examples of OTC items not considered drugs and medicines (no prescription required):

- Insulin
- Blood sugar monitors
- Contact lens solution
- Bandages
- Crutches
- Denture bond

Please keep this in mind when making flex elections during open enrollment.