



Effective January 1, 2011 over-the-counter drugs and medicines are not reimbursable through your flex account unless prescribed by a medical practitioner to treat a specific medical condition. (RX/DX)

“Dual purpose” expenses are those that may be used to treat a medical condition, but may also be used to promote general health.

Documentation necessary for reimbursement of dual purpose items would be:

1. A diagnosis of the medical condition by a medical professional, *and*;
2. A recommendation by the medical professional for the purchase of the particular item or service to treat the condition.

* For a more detailed list please use your employee password to login to the Allegiance web site (tab See Comprehensive List) and look in the Document Library at the Guide to Reimbursable Expenses.

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Abortion	Yes	Yes	Artificial teeth	Yes	Yes
Acne treatment	Possibly with RX/DX	Dual Purpose	Aspirin	Possibly with RX/DX	Yes
Acupuncture	Yes	Yes	Asthma treatments	Possibly with RX/DX	Yes
Adoption pre-adoption medical expenses	Yes	Yes	Automobile modifications	Dual Purpose	Dual Purpose
Air conditioner	Dual Purpose	Dual Purpose	Babysitting and child care	No	No
Air purifier	Dual Purpose	Dual Purpose	Bactine	Possibly with RX/DX	Yes
Alcoholism treatment	Yes	Yes	Bandages for torn or injured skin (Example: Curad)	Yes	Yes
Allergy medicine (Example: Alavert)	Possibly with RX/DX	Yes	Behavioral modification programs	Dual Purpose	Dual Purpose
Allergy treatment products; household improvements to treat allergies	Dual Purpose	Dual Purpose	Birth-control pills	Possibly with RX/DX	Yes
Alternative healers dietary substitutes and drugs and medicines	Dual Purpose	Dual Purpose	Blood pressure monitoring devices	Yes	Yes
Ambulance	Yes	Yes	Blood sugar test kits and test strips	Yes	Yes
Antacids (Example: Zantac)	Possibly with RX/DX	Yes	Body scans	Yes	Yes
Antibiotic ointments (Example: Neosporin)	Possibly with RX/DX	Yes	Braille books and magazines	Yes	Yes
Antihistamines (Example: Benadryl)	Possibly with RX/DX	Yes	Breast pumps	Yes	Yes
Anti-itch creams (Example: Cortaid)	Possibly with RX/DX	Yes	Breast reconstruction surgery following mastectomy	Yes	Yes
Appearance improvements	No	No	Calamine lotion	Possibly with RX/DX	Yes
Arthritis gloves	Yes	Yes	Capital expenses	Dual Purpose	Dual Purpose
Artificial limbs	Yes	Yes	Car modifications	Dual Purpose	Dual Purpose

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Carpal tunnel wrist supports	Yes	Yes	Cosmetics	No	No
Cayenne pepper	Dual Purpose	Dual Purpose	Cough suppressants (Examples: Robitussin, cough drops)	Possibly with RX/DX	Yes
Chelation therapy	Yes	Yes	Counseling	Dual Purpose	Dual Purpose
Chinese herbal practitioners & herbal treatments	Dual Purpose	Dual Purpose	Crutches	Yes	Yes
Chiropractors	Yes	Yes	Decongestants (Example: Dimetapp)	Possibly with RX/DX	Yes
Chondroitin	Dual Purpose	Dual Purpose	Deductibles	Yes	Yes
Christian Science practitioners	Dual Purpose	Dual Purpose	Dental floss	No	No
Circumcision	Yes	Yes	Dental sealants	Yes	Yes
Claritin	Possibly with RX/DX	Yes	Dental treatment	Yes	Yes
Co-insurance amounts	Yes	Yes	Dentures and denture adhesives	Yes	Yes
Cold medicine (Example: Sudafed)	Possibly with RX/DX	Yes	Deodorant	No	No
Cold/hot packs	Yes	Yes	Dependent care expenses	No	No
Cologne	No	No	Diabetic supplies	Yes	Yes
Condoms	Yes	Yes	Diagnostic items/services	Yes	Yes
Contact lenses materials and equipment	Yes	Yes	Diaper rash ointments (Example: Desitin)	Possibly with RX/DX	Yes
Contraceptives	Possibly with RX/DX	Yes	Diapers or diaper service	No	No
Controlled substances in violation of federal law	No	No	Diarrhea medicine (Example: Pepto-Bismol)	Possibly with RX/DX	Yes
Co-payments	Yes	Yes	Dietary supplements	Dual Purpose	Dual Purpose
Cosmetic procedures	No	No	Diet foods	No	No

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Disabled dependent care expenses	Dual Purpose	Dual Purpose	Fever-reducing medications (Example: Tylenol)	Possibly with RX/DX	Yes
DNA collection and storage	Dual Purpose	Dual Purpose	Fiber supplements	Dual Purpose	Dual Purpose
Drug addiction treatment	Yes	Yes	First aid cream	Possibly with RX/DX	Yes
Drug overdose, treatment of	Yes	Yes	First aid kits	Yes	Yes
Drugs and medicines	Dual Purpose	Dual Purpose	Fitness programs	Dual Purpose	Dual Purpose
Dyslexia	Dual Purpose	Dual Purpose	Flu shots	Yes	Yes
Ear piercing	No	No	Fluoridation device or services	Yes	Yes
Ear plugs	Dual Purpose	Dual Purpose	Founder's fee	No	No
Egg donor fees	Yes	Yes	Funeral expenses	No	No
Eggs and embryos storage fees	Dual Purpose	Dual Purpose	Gambling problem, treatment for	Dual Purpose	Dual Purpose
Electrolysis or hair removal	No	No	Gauze pads	Yes	Yes
Exercise equipment or programs	Dual Purpose	Dual Purpose	Genetic testing	Dual Purpose	Dual Purpose
Expectorants (Example: Comtrex)	Possibly with RX/DX	Yes	GIFT (Gamete intrafallopian transfer)	Yes	Yes
Eye drops (Example: Visine)	Possibly with RX/DX	Yes	Glucosamine	Dual Purpose	Dual Purpose
Eye examination and eyeglasses	Yes	Yes	Glucose monitoring equipment	Yes	Yes
Face creams	No	No	Hair colorants	No	No
Face lifts	No	No	Hair removal and transplants	No	No
Feminine hygiene products	No	No	Hand lotion	No	No
Fertility treatments	Yes	Yes	Headache medications (Example: Advil)	Possibly with RX/DX	Yes

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Health club fees	Possibly with RX/DX	Possibly with RX/DX	Insurance premiums	No	No
Health institute fees	No	No	IVF (in vitro fertilization)	Yes	Yes
Hearing aids	Yes	Yes	Laboratory fees	Yes	Yes
Hemorrhoid treatments (Example: Preparation H)	Possibly with RX/DX	Yes	Lactation consultant	Dual Purpose	Dual Purpose
Herbs	Dual Purpose	Dual Purpose	Lamaze classes	Dual Purpose	Dual Purpose
HMO premiums	No	No	Language training	Dual Purpose	Dual Purpose
Holistic or natural healers recommended drugs and medicines	Dual Purpose	Dual Purpose	Laser eye surgery; Lasik	Yes	Yes
Home care	Dual Purpose	Dual Purpose	Late fees (e.g. for late payment of bills for medical services)	No	No
Home improvements (such as exit ramps widening doorways etc.)	Dual Purpose	Dual Purpose	Laxatives (Example: Ex-Lax)	Possibly with RX/DX	Yes
Hormone replacement therapy (HRT)	Dual Purpose	Dual Purpose	Lead-based paint removal	Dual Purpose	Dual Purpose
Hospital services	Yes	Yes	Learning disability instructional fees	Yes	Yes
Humidifier	Dual Purpose	Dual Purpose	Legal fees general	Dual Purpose	Dual Purpose
Hypnosis	Dual Purpose	Dual Purpose	Legal fees in connection with fertility treatments	Dual Purpose	Dual Purpose
Illegal operations and treatments	No	No	Lipsticks	No	No
Immunizations	Yes	Yes	Liquid adhesive for small cuts	Possibly with RX/DX	Yes
Incontinence supplies	Dual Purpose	Dual Purpose	Lodging at a hospital or similar institution	Yes	Yes
Infertility treatments	Yes	Yes	Lodging while attending a medical conference	No	No
Insect bite creams and ointments (Example: Caladryl)	Possibly with RX/DX	Yes	Makeup	No	No
Insulin	Yes	Yes	Marijuana or other controlled substances in violation of federal law	No	No

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Massage therapy	Dual Purpose	Dual Purpose	Missed appointment fees	No	No
Mastectomy-related special bras	Yes	Yes	Moisturizers	No	No
Maternity clothes	No	No	"Morning-after" contraceptive pills	Possibly with RX/DX	Yes
Mattresses	No	No	Motion-sickness pills (Examples: Bonine Dramamine)	Possibly with RX/DX	Yes
Meals at a hospital or similar institution	Dual Purpose	Dual Purpose	Mouthwash	No	No
Meals not at a hospital or similar institution	No	No	Nail polish	No	No
Meals of a companion	No	No	Nasal strips or sprays	Dual Purpose	Dual Purpose
Meals while attending a medical conference	No	No	Naturopathic healers dietary substitutes and drugs and medicines	Dual Purpose	Dual Purpose
Medical alert bracelet or necklace	Yes	Yes	Nicotine gum or patches (Examples: Nicoderm, Nicorette)	Possibly with RX/DX	Yes
Medical conference admission transportation meals etc.	Dual Purpose	Dual Purpose	Non-prescription drugs and medicines	Dual Purpose	Dual Purpose
Medical information plan charges	Yes	Yes	Norplant insertion or removal	Yes	Yes
Medical monitoring and testing devices	Yes	Yes	Nursing services provided by a nurse or other attendant	Dual Purpose	Dual Purpose
Medical newsletter	No	No	Nursing services for a baby	No	No
Medical records charges	Yes	Yes	Nutritionist's professional expenses	Dual Purpose	Dual Purpose
Medical services	Yes	Yes	Nutritional supplements	Dual Purpose	Dual Purpose
Medicines and drugs	Dual Purpose	Dual Purpose	Obstetrical expenses	Yes	Yes
Menstrual pain relievers (Example: Midol)	Possibly with RX/DX	Yes	Occlusal guards to prevent teeth grinding	Yes	Yes
Mentally handicapped special home for	Dual Purpose	Dual Purpose	One-a-day vitamins	No	No
Mineral supplements	Dual Purpose	Dual Purpose	Operations	Yes	Yes

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Optometrist	Yes	Yes	Prescription drug discount programs	No	No
Organ donors	Yes	Yes	Preventive care screenings	Yes	Yes
Orthodontia	Yes	Yes	Propecia	Dual Purpose	Dual Purpose
Orthopedic shoes and inserts	Dual Purpose	Dual Purpose	Prosthesis	Yes	Yes
Osteopath fees	Yes	Yes	Psychiatric care	Yes	Yes
Ovulation monitor	Yes	Yes	Psychoanalysis	Dual Purpose	Dual Purpose
Oxygen	Yes	Yes	Psychologist	Dual Purpose	Dual Purpose
Pain relievers (Examples: Advil Aspirin Tylenol)	Possibly with RX/DX	Yes	Radial keratotomy	Yes	Yes
Patterning exercises	Yes	Yes	Reading glasses	Yes	Yes
Perfume	No	No	Recliner chairs	No	No
Permanent waves	No	No	Retin-A	Dual Purpose	Dual Purpose
Personal trainer fees	Dual Purpose	Dual Purpose	Rogaine	Dual Purpose	Dual Purpose
Physical exams	Yes	Yes	Rubbing alcohol	Possibly with RX/DX	Yes
Physical therapy	Yes	Yes	Rubdowns	Dual Purpose	Dual Purpose
Pregnancy test kits	Yes	Yes	Safety glasses	No	No
Prenatal vitamins	Dual Purpose	Dual Purpose	Schools and education residential	Dual Purpose	Dual Purpose
Pre-payments	No	No	Schools and education special	Dual Purpose	Dual Purpose
Prescription drugs	Dual Purpose	Dual Purpose	Screening tests	Yes	Yes
Prescription drugs and medicines obtained from other countries	No	No	Seeing-eye dog	Yes	Yes

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Shampoos	No	No	Supplies to treat medical condition	Yes	Yes
Shaving cream or lotion	No	No	Surgery	Yes	Yes
Shipping and handling fees	Yes	Yes	Surrogate expenses	No	No
Sinus medications (Example: Sudafed)	Possibly with RX/DX	Yes	Tanning salons and equipment	No	No
Skin moisturizers	No	No	Taxes on medical services and products	Yes	Yes
Sleep deprivation treatment	Yes	Yes	Teeth whitening	No	No
Smoking cessation medications	Possibly with RX/DX	Yes	Telephone for hearing-impaired persons	Yes	Yes
Smoking cessation programs	Possibly with RX/DX	Yes	Television for hearing-impaired persons	Yes	Yes
Soaps	No	No	Therapy	Yes	Yes
Spermicidal foam	Possibly with RX/DX	Yes	Thermometers	Yes	Yes
Sperm storage fees	Dual Purpose	Dual Purpose	Throat lozenges (Examples: Cepacol, Chloraseptic)	Possibly with RX/DX	Yes
St. John's Wort	Dual Purpose	Dual Purpose	Toiletries	No	No
Stem cell harvesting and/or storage of	Dual Purpose	Dual Purpose	Toothache and teething pain relievers (Example: Orajel)	Possibly with RX/DX	Yes
Sterilization procedures	Yes	Yes	Toothbrushes	No	No
Stop-smoking program	Yes	Yes	Toothpaste	No	No
Student health fee	Dual Purpose	Dual Purpose	Transplants	Yes	Yes
Sunglasses	Dual Purpose	Dual Purpose	Transportation costs of disabled individual commuting to and from work	No	No
Sunburn creams and ointments (Example: Solarcaine)	Possibly with RX/DX	Yes	Transportation expenses for person to receive medical care	Yes	Yes
Sunscreen with high SPF	Possibly with RX/DX	Yes	Treadmill	Dual Purpose	Dual Purpose

Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?	Type of Service/product	2011 & Future Reimbursable?	2010 Reimbursable?
Tuition for special needs program	Dual Purpose	Dual Purpose	Vision discount programs	No	No
Umbilical cord freezing and storing of	Dual Purpose	Dual Purpose	Vitamins	Dual Purpose	Dual Purpose
Usual and customary charges excess	Yes	Yes	Walkers	Yes	Yes
Vaccines	Yes	Yes	Wart remover treatments (Example: Compound W)	Possibly with RX/DX	Yes
Varicose veins treatment of	Dual Purpose	Dual Purpose	Weight-loss programs and/or drugs prescribed to induce weight loss	Dual Purpose	Dual Purpose
Vasectomy	Yes	Yes	Wheelchair	Yes	Yes
Vasectomy reversal	Yes	Yes	Wigs	Dual Purpose	Dual Purpose
Veneers	No	No	X-ray fees	Yes	Yes
Veterinary fees	Dual Purpose	Dual Purpose	Yeast infection medications (Example: Monistat)	Possibly with RX/DX	Yes
Viagra	Yes	Yes	YMCA day camp	No	No
Vision correction procedures	Yes	Yes			

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