



“Dual purpose” expenses are those that may be used to treat a medical condition, but may also be used to promote general health.

Documentation necessary for reimbursement of dual purpose items would be:

1. A diagnosis of the medical condition by a medical professional,  
*and;*
2. A recommendation by the medical professional for the purchase of the particular item or service to treat the condition.

\* For a more detailed list please use your employee password to login to the Allegiance web site (tab See Comprehensive List) and look in the Document Library at the Guide to Reimbursable Expenses.

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
<b>Abortion</b>	Yes	<b>Artificial teeth</b>	Yes
<b>Acne treatment</b>	Dual Purpose	<b>Aspirin</b>	Yes
<b>Acupuncture</b>	Yes	<b>Asthma treatments</b>	Yes
<b>Adoption pre-adoption medical expenses</b>	Yes	<b>Automobile modifications</b>	Dual Purpose
<b>Air conditioner</b>	Dual Purpose	<b>Babysitting and child care</b>	No
<b>Air purifier</b>	Dual Purpose	<b>Bactine</b>	Yes
<b>Alcoholism treatment</b>	Yes	<b>Bandages for torn or injured skin (Example: Curad)</b>	Yes
<b>Allergy medicine (Example: Alavert)</b>	Yes	<b>Behavioral modification programs</b>	Dual Purpose
<b>Allergy treatment products; household improvements to treat allergies</b>	Dual Purpose	<b>Birth-control pills</b>	Yes
<b>Alternative healers dietary substitutes and drugs and medicines</b>	Dual Purpose	<b>Blood pressure monitoring devices</b>	Yes
<b>Ambulance</b>	Yes	<b>Blood sugar test kits and test strips</b>	Yes
<b>Antacids (Example: Zantac)</b>	Yes	<b>Body scans</b>	Yes
<b>Antibiotic ointments (Example: Neosporin)</b>	Yes	<b>Braille books and magazines</b>	Yes
<b>Antihistamines (Example: Benadryl)</b>	Yes	<b>Breast pumps</b>	Dual Purpose
<b>Anti-itch creams (Example: Cortaid)</b>	Yes	<b>Breast reconstruction surgery following mastectomy</b>	Yes
<b>Appearance improvements</b>	No	<b>Calamine lotion</b>	Yes
<b>Arthritis gloves</b>	Yes	<b>Capital expenses</b>	Dual Purpose
<b>Artificial limbs</b>	Yes	<b>Car modifications</b>	Dual Purpose

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
<b>Carpal tunnel wrist supports</b>	Yes	<b>Cosmetics</b>	No
<b>Cayenne pepper</b>	Dual Purpose	<b>Cough suppressants (Examples: Robitussin, cough drops)</b>	Yes
<b>Chelation therapy</b>	Yes	<b>Counseling</b>	Dual Purpose
<b>Chinese herbal practitioners &amp; herbal treatments</b>	Dual Purpose	<b>Crutches</b>	Yes
<b>Chiropractors</b>	Yes	<b>Decongestants (Example: Dimetapp)</b>	Yes
<b>Chondroitin</b>	Dual Purpose	<b>Deductibles</b>	Yes
<b>Christian Science practitioners</b>	Dual Purpose	<b>Dental floss</b>	No
<b>Circumcision</b>	Yes	<b>Dental sealants</b>	Yes
<b>Claritin</b>	Yes	<b>Dental treatment</b>	Yes
<b>Co-insurance amounts</b>	Yes	<b>Dentures and denture adhesives</b>	Yes
<b>Cold medicine (Example: Sudafed)</b>	Yes	<b>Deodorant</b>	No
<b>Cold/hot packs</b>	Yes	<b>Dependent care expenses</b>	No
<b>Cologne</b>	No	<b>Diabetic supplies</b>	Yes
<b>Condoms</b>	Yes	<b>Diagnostic items/services</b>	Yes
<b>Contact lenses materials and equipment</b>	Yes	<b>Diaper rash ointments (Example: Desitin)</b>	Yes
<b>Contraceptives</b>	Yes	<b>Diapers or diaper service</b>	No
<b>Controlled substances in violation of federal law</b>	No	<b>Diarrhea medicine (Example: Pepto-Bismol)</b>	Yes
<b>Co-payments</b>	Yes	<b>Dietary supplements</b>	Dual Purpose
<b>Cosmetic procedures</b>	No	<b>Diet foods</b>	No

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
<b>Disabled dependent care expenses</b>	Dual Purpose	<b>Fever-reducing medications (Example: Tylenol)</b>	Yes
<b>DNA collection and storage</b>	Dual Purpose	<b>Fiber supplements</b>	Dual Purpose
<b>Drug addiction treatment</b>	Yes	<b>First aid cream</b>	Yes
<b>Drug overdose, treatment of</b>	Yes	<b>First aid kits</b>	Yes
<b>Drugs and medicines</b>	Dual Purpose	<b>Fitness programs</b>	Dual Purpose
<b>Dyslexia</b>	Dual Purpose	<b>Flu shots</b>	Yes
<b>Ear piercing</b>	No	<b>Fluoridation device or services</b>	Yes
<b>Ear plugs</b>	Dual Purpose	<b>Founder's fee</b>	No
<b>Egg donor fees</b>	Yes	<b>Funeral expenses</b>	No
<b>Eggs and embryos storage fees</b>	Dual Purpose	<b>Gambling problem, treatment for</b>	Dual Purpose
<b>Electrolysis or hair removal</b>	No	<b>Gauze pads</b>	Yes
<b>Exercise equipment or programs</b>	Dual Purpose	<b>Genetic testing</b>	Dual Purpose
<b>Expectorants (Example: Comtrex)</b>	Yes	<b>GIFT (Gamete intrafallopian transfer)</b>	Yes
<b>Eye drops (Example: Visine)</b>	Yes	<b>Glucosamine</b>	Dual Purpose
<b>Eye examination and eyeglasses</b>	Yes	<b>Glucose monitoring equipment</b>	Yes
<b>Face creams</b>	No	<b>Hair colorants</b>	No
<b>Face lifts</b>	No	<b>Hair removal and transplants</b>	No
<b>Feminine hygiene products</b>	No	<b>Hand lotion</b>	No
<b>Fertility treatments</b>	Yes	<b>Headache medications (Example: Advil)</b>	Yes

Type of Service/product	Reimbursable?	Type of Service/product	Reimbursable?
Health club fees	No	Insurance premiums	No
Health institute fees	No	IVF (in vitro fertilization)	Yes
Hearing aids	Yes	Laboratory fees	Yes
Hemorrhoid treatments (Example: Preparation H)	Yes	Lactation consultant	Dual Purpose
Herbs	Dual Purpose	Lamaze classes	Dual Purpose
HMO premiums	No	Language training	Dual Purpose
Holistic or natural healers recommended drugs and medicines	Dual Purpose	Laser eye surgery; Lasik	Yes
Home care	Dual Purpose	Late fees (e.g. for late payment of bills for medical services)	No
Home improvements (such as exit ramps widening doorways etc.)	Dual Purpose	Laxatives (Example: Ex-Lax)	Yes
Hormone replacement therapy (HRT)	Dual Purpose	Lead-based paint removal	Dual Purpose
Hospital services	Yes	Learning disability instructional fees	Yes
Humidifier	Dual Purpose	Legal fees general	Dual Purpose
Hypnosis	Dual Purpose	Legal fees in connection with fertility treatments	Dual Purpose
Illegal operations and treatments	No	Lipsticks	No
Immunizations	Yes	Liquid adhesive for small cuts	Yes
Incontinence supplies	Dual Purpose	Lodging at a hospital or similar institution	Yes
Infertility treatments	Yes	Lodging while attending a medical conference	No
Insect bite creams and ointments (Example: Caladryl)	Yes	Makeup	No
Insulin	Yes	Marijuana or other controlled substances in violation of federal law	No

Type of Service/product	Reimbursable?	Type of Service/product	Reimbursable?
Massage therapy	Dual Purpose	Missed appointment fees	No
Mastectomy-related special bras	Yes	Moisturizers	No
Maternity clothes	No	"Morning-after" contraceptive pills	Yes
Mattresses	No	Motion-sickness pills (Examples: Bonine Dramamine)	Yes
Meals at a hospital or similar institution	Dual Purpose	Mouthwash	No
Meals not at a hospital or similar institution	No	Nail polish	No
Meals of a companion	No	Nasal strips or sprays	Dual Purpose
Meals while attending a medical conference	No	Naturopathic healers dietary substitutes and drugs and medicines	Dual Purpose
Medical alert bracelet or necklace	Yes	Nicotine gum or patches (Examples: Nicoderm, Nicorette)	Yes
Medical conference admission transportation meals etc.	Dual Purpose	Non-prescription drugs and medicines	Dual Purpose
Medical information plan charges	Yes	Norplant insertion or removal	Yes
Medical monitoring and testing devices	Yes	Nursing services provided by a nurse or other attendant	Dual Purpose
Medical newsletter	No	Nursing services for a baby	No
Medical records charges	Yes	Nutritionist's professional expenses	Dual Purpose
Medical services	Yes	Nutritional supplements	Dual Purpose
Medicines and drugs	Dual Purpose	Obstetrical expenses	Yes
Menstrual pain relievers (Example: Midol)	Yes	Occlusal guards to prevent teeth grinding	Yes
Mentally handicapped special home for	Dual Purpose	One-a-day vitamins	No
Mineral supplements	Dual Purpose	Operations	Yes

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
<b>Optometrist</b>	Yes	<b>Prescription drug discount programs</b>	No
<b>Organ donors</b>	Yes	<b>Preventive care screenings</b>	Yes
<b>Orthodontia</b>	Yes	<b>Propecia</b>	Dual Purpose
<b>Orthopedic shoes and inserts</b>	Dual Purpose	<b>Prosthesis</b>	Yes
<b>Osteopath fees</b>	Yes	<b>Psychiatric care</b>	Yes
<b>Ovulation monitor</b>	Yes	<b>Psychoanalysis</b>	Dual Purpose
<b>Oxygen</b>	Yes	<b>Psychologist</b>	Dual Purpose
<b>Pain relievers (Examples: Advil Aspirin Tylenol)</b>	Yes	<b>Radial keratotomy</b>	Yes
<b>Patterning exercises</b>	Yes	<b>Reading glasses</b>	Yes
<b>Perfume</b>	No	<b>Recliner chairs</b>	No
<b>Permanent waves</b>	No	<b>Retin-A</b>	Dual Purpose
<b>Personal trainer fees</b>	Dual Purpose	<b>Rogaine</b>	Dual Purpose
<b>Physical exams</b>	Yes	<b>Rubbing alcohol</b>	Yes
<b>Physical therapy</b>	Yes	<b>Rubdowns</b>	Dual Purpose
<b>Pregnancy test kits</b>	Yes	<b>Safety glasses</b>	No
<b>Prenatal vitamins</b>	Dual Purpose	<b>Schools and education residential</b>	Dual Purpose
<b>Pre-payments</b>	No	<b>Schools and education special</b>	Dual Purpose
<b>Prescription drugs</b>	Dual Purpose	<b>Screening tests</b>	Yes
<b>Prescription drugs and medicines obtained from other countries</b>	No	<b>Seeing-eye dog</b>	Yes

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
Shampoos	No	Supplies to treat medical condition	Yes
Shaving cream or lotion	No	Surgery	Yes
Shipping and handling fees	Yes	Surrogate expenses	No
Sinus medications (Example: Sudafed)	Yes	Tanning salons and equipment	No
Skin moisturizers	No	Taxes on medical services and products	Yes
Sleep deprivation treatment	Yes	Teeth whitening	No
Smoking cessation medications	Yes	Telephone for hearing-impaired persons	Yes
Smoking cessation programs	Yes	Television for hearing-impaired persons	Yes
Soaps	No	Therapy	Yes
Spermicidal foam	Yes	Thermometers	Yes
Sperm storage fees	Dual Purpose	Throat lozenges (Examples: Cepacol, Chloraseptic)	Yes
St. John's Wort	Dual Purpose	Toiletries	No
Stem cell harvesting and/or storage of	Dual Purpose	Toothache and teething pain relievers (Example: Orajel)	Yes
Sterilization procedures	Yes	Toothbrushes	No
Stop-smoking program	Yes	Toothpaste	No
Student health fee	Dual Purpose	Transplants	Yes
Sunglasses	Dual Purpose	Transportation costs of disabled individual commuting to and from work	No
Sunburn creams and ointments (Example: Solarcaine)	Yes	Transportation expenses for person to receive medical care	Yes
Sunscreen with high SPF	Yes	Treadmill	Dual Purpose

<b>Type of Service/product</b>	<b>Reimbursable?</b>	<b>Type of Service/product</b>	<b>Reimbursable?</b>
<b>Tuition for special needs program</b>	Dual Purpose	<b>Vision discount programs</b>	No
<b>Umbilical cord freezing and storing of</b>	Dual Purpose	<b>Vitamins</b>	Dual Purpose
<b>Usual and customary charges excess</b>	Yes	<b>Walkers</b>	Yes
<b>Vaccines</b>	Yes	<b>Wart remover treatments (Example: Compound W)</b>	Yes
<b>Varicose veins treatment of</b>	Dual Purpose	<b>Weight-loss programs and/or drugs prescribed to induce weight loss</b>	Dual Purpose
<b>Vasectomy</b>	Yes	<b>Wheelchair</b>	Yes
<b>Vasectomy reversal</b>	Yes	<b>Wigs</b>	Dual Purpose
<b>Veneers</b>	No	<b>X-ray fees</b>	Yes
<b>Veterinary fees</b>	Dual Purpose	<b>Yeast infection medications (Example: Monistat)</b>	Yes
<b>Viagra</b>	Yes	<b>YMCA day camp</b>	No
<b>Vision correction procedures</b>	Yes		