



## DUAL PURPOSE TREATMENT POLICY FOR FLEXIBLE BENEFITS

A medical practitioner is defined as any health practitioner who is licensed to practice in the state (i.e. physician's assistant, nurse practitioner, chiropractor, acupuncturist, MD, naturopath). Christian Science Practitioners and Alternative Healers will also be considered medical practitioners. Massage Therapists and Herbalists cannot diagnose or recommend treatment and thus Allegiance Benefit Plan Management will not consider them medical practitioners for the purpose of flexible benefits reimbursement of dual purpose items/services.



In order to reimburse for an item that is considered “dual purpose” (meaning it can be used for treatment of a specific medical condition or for general well being such as herbs, massage therapy, vitamins, etc.); the item **must be recommended as a specific course of treatment for a specific medical condition.** The course of treatment must be recommended by a medical practitioner. See above for who is defined as a medical practitioner. This “Recommendation” must be updated each year and will be noted on the account.



The claim documentation must show the provider's name, date of service, and charge (Massage, Vitamins, or Supplements) In order to reimburse these items the medical practitioners “RECOMMENDATION” of the service/item to treat a specific medical condition must be on file or included with the documentation.